



Home Zone

Bespoke Feeding Therapy

For parents of children with complex feeding difficulties or extremely restricted diets, who need a personalised a step-by-step, remote therapy program.



Assessment Component:

- Baseline 5-day analysis of your child's intake by our dietitian
- Baseline video analysis of a mealtime by our team of feeding therapists
- Baseline assessment of your child's feeding difficulties using the Feeding Difficulties Impact Scale



Treatment Component:

- A series of four monthly webinars hosted by our team of Feeding Therapists to provide education and training around feeding difficulties and how to make mealtimes, Goodtimes.
- Specialist advice and guidance from Nutrition & Dietetics, Occupational Therapy and Speech & language Therapy
- Step-by-step guides to oral skills and learning to eat, sensory processing, medical & nutritional factors including growth, nutrition, portion sizes, supplements, family routines, appetite regulation and feeding patterns, posture and fine motor skills, sleeping and toileting and communication at mealtimes.



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- Monthly individual therapy sessions with our feeding therapists to review videos of family mealtimes, and provide a bespoke treatment program designed around the specific needs of your child and family.
- Therapy sessions will be responsive and adapt to the changing needs of your child as they progress through the program and include treatment advice, coaching and troubleshooting.
- Guidance on use of specialist meal and menu planning tools to increase variety of your child's diet.
- Individual targets, written advice and course handouts will be complimented by the Making Mealtimes Goodtimes advice pack
- Membership to the Feeding Trust parent support group.

Cost: £900

Payable in instalments

To book, email: admin@feedingtrust.org

