



Understanding Feeding Difficulties. Training for Education Professionals.

Half day (3 hour) course suitable for all education professionals including:

- Understanding the causes of feeding difficulties in children
- Challenging some of the myths and misconceptions around children's feeding and how these can be unhelpful.
- Introducing the concept of eating as a learning process, that can be very challenging for some children.
- Hands on, practical strategies to develop children's eating skills in your setting including what to do at lunchtimes and snacktimes.
- How to introduce food exploration activities that can be adapted to each child's individual learning needs.
- Feel confident in knowing when to refer on to other professionals.

Contact lucy@feedingtrust.org for more information and booking details.

www.feedingtrust.org