



Parent workshop- for parents of children with feeding difficulties

One hour workshop suitable for parents of children with feeding differences. Workshop includes:

- Understand the reasons why children present with a range of feeding difficulties
- Introducing the concept of eating as a learning process, that can be challenging for some children.
- Challenging some of the myths and misconceptions around children's feeding and how these can be unhelpful.
- Understanding the steps to eating and adapting the language we use
- Mealtimes at home- where to start?

Contact lucy@feedingtrust.org for more information and booking details.

www.feedingtrust.org