



Home Zone

Self-Learning Program

For parents of fussy eaters who want to understand why their child has difficulties with food. You will be provided with strategies and tools to help increase the variety of foods your child will eat.

- A series of four pre-recorded webinars hosted by our team of Feeding Therapists.
- Watch on-demand, at your own convenience.
- Specialist advice and guidance from Nutrition & Dietetics, Occupational Therapy and Speech & Language Therapy
- Step-by-step guides to oral skills and learning to eat, sensory processing, medical & nutritional factors including growth, nutrition, portion sizes, supplements, family routines, appetite regulation and feeding patterns, posture and fine motor skills, sleeping and toileting and communication at mealtimes.
- Tools to analyse your child's intake by food group, specialist meal and menu planning tools
- Free copy of the Making Mealtimes Goodtimes advice pack



Cost: £100

To book, email: admin@feedingtrust.org